

Take 5—Every Night, Every Home

March 7th, 2010

1. SHARE highs & lows of the day Ask *"Where did you feel the most thankful today? Where did you feel the least thankful?"*

2. READ passage of Scripture

Mark 5:1-20 (emphasis on vs 19-20)

¹ They went across the Sea of Galilee to the area of the Gerasenes. ² Jesus got out of the boat. A man with an evil spirit came from the tombs to meet him. ³ The man lived in the tombs. No one could keep him tied up anymore. Not even a chain could hold him. ⁴ His hands and feet had often been chained. But he tore the chains apart. And he broke the iron cuffs on his ankles. No one was strong enough to control him. ⁵ Night and day he screamed among the tombs and in the hills. He cut himself with stones.⁶ When he saw Jesus a long way off, he ran to him. He fell on his knees in front of him. ⁷ He shouted at the top of his voice, "Jesus, Son of the Most High God, what do you want with me? Promise before God that you won't hurt me!" ⁸ This was because Jesus had said to him, "Come out of this man, you evil spirit!"⁹ Then Jesus asked the demon, "What is your name?" "My name is Legion," he replied. "There are many of us." ¹⁰ And he begged Jesus again and again not to send them out of the area.¹¹ A large herd of pigs was feeding on the nearby hillside. ¹² The demons begged Jesus, "Send us among the pigs. Let us go into them." ¹³ Jesus allowed it. The evil spirits came out of the man and went into the pigs. There were about 2,000 pigs in the herd. The whole herd rushed down the steep bank. They ran into the lake and drowned.¹⁴ Those who were tending the pigs ran off. They told the people in the town and countryside what had happened. The people went out to see for themselves.¹⁵ Then they came to Jesus. They saw the man who had been controlled by many demons. He was sitting there. He was now dressed and thinking clearly. All this made the people afraid. ¹⁶ Those who had seen it told them what had happened to the man. They told about the pigs as well. ¹⁷ Then the people began to beg Jesus to leave their area.¹⁸ Jesus was getting into the boat. The man who had been controlled by demons begged to go with him.

¹⁹ Jesus did not let him. He said, "Go home to your family. Tell them how much the Lord has done for you. Tell them how kind he has been to you."²⁰ So the man went away. In the area known as the Ten Cities, he began to tell how much Jesus had done for him. And all the people were amazed.

3. TALK about how the verses might relate to your highs & lows
4. PRAY for your highs & lows, for your family, and for the world.

Father, thank you for this time together. You have given us so much. We are sorry for when we forget how good you are to us. Help us to see you more every day. Give us your power to not be afraid. Strengthen us to overcome evil. And lead us to show others who you are by the way that we love. In Jesus' name, Amen.

5. BLESS one another using the weekly blessing:

(Name), May you walk in the ways of Jesus today knowing the truth that sets you free. May your life be a reflection of the power of the Holy Spirit in you.